

Why Mentoring?

Mentoring is a powerful form of human development. It is not a new concept and has been part of informal and formal development programs for some time.

Mentoring involves a relationship between a Mentor and Mentee. Mentors are responsible for facilitating personal and social growth in their mentee by sharing the knowledge and insights that have been learned through the years.

Mentoring offers opportunities for mentors and mentees to expand their leadership, interpersonal, and life skills. The process can be simple and natural or very sophisticated.

Relax... You've probably been mentoring people for years but have not called yourself a "mentor" as such.

A Simple Definition of Mentoring

Simply put, mentoring aims to provide a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement.

More Information & Mentee requirements:

- * Must be UNDER 18
- * Regular attendance at training and team building sessions
- * Must be physically and emotionally prepared to safely complete the Northern Territory experience.
- * Medical clearance and vaccinations
- * Training sessions begin on Wednesday March 24th 2021, 6.00pm at Jaycee Park
- * Trek/tour dates: Approx 19/9/2021– 27/9/2021, these dates will be confirmed.
- * Program and training will be delivered as Covid Safe in line with up to date directives given by the Department of Families Fairness and Housing (DFFH)

If you would like more information on the MASP Youth Mentoring Program, as a Mentor, Mentee or a Sponsor please contact Program Co-ordinator Ken Innes on the below details.

Email- kinnes@masp.org.au

Mobile- 0400 675 933

Direct- (03) 5021 6507



118-124 Pine Avenue Mildura

Telephone 03 5021 6500

Email info@masp.org.au

www.masp.org.au

KAKADU
Youth Mentoring Program

'caring for our community'



MASP YOUTH MENTORING
PROGRAM
Mentee Information 2021

Supported By-

**NEWSBOYS
FOUNDATION**

Sunnyland
PRINT • MARKETING • DESIGN

Mildura Rural City Council

The Flora & Frank Leith Charitable Trust

Program Description

Since its inception in 2006, MASP's Youth Mentoring program has had an impact on the lives of over 170 young people and 215 mentors. It is a 12-month youth mentoring program providing local youth experiencing difficulties with an opportunity to re-connect with education, employment, family, community and support to make positive life changing decisions.



The program recruits adults from the local community to provide mentoring and support to the young people participating, with a strong focus on the linking of disadvantaged young people to positive adult role models. Training provided to the mentors ensures that the young people are receiving the maximum benefit possible from the program including –

*** Social interaction through group physical training sessions**

*** One-on-one sessions ensuring the achievement of extended social networks**

*** Building of confidence, self-esteem and positive communication**

*** Life skills and core values that will assist them in everyday life, their careers and relationships**

*** Creating an environment that enables their full potential to be realised.**



The program highlight is the trip to the Northern Territory to experience the wonders of Litchfield National Park, Kakadu National Park and Arnhem Land. It is here where emotions are brought to the forefront, participants discover themselves and their inner strengths and gain an insight into a culture far removed from our own.

The Youth mentoring Program has had a positive influence on many of the young people who have participated in the program during the last 13 years, this has included but not limited to outcomes such as-

*** Returning to school**

*** Tertiary Education**

*** Commencing training and / or employment**

*** Entering sustainable accommodation**

*** Improved physical & mental health**

*** Increased independent living skills**

*** Increased self-esteem, confidence and social skills.**

